Household Interests

Personal Notes

Try Introspection BY LILLIAN RUSSELL.

at person appears very dull to round him. dull days come it is time to e eyes to the outside world and within yourself for the cause defusion.

s the dulled rision is due and sometimes to physical which are not normal. Keep armal in mind and body and be no dull days. The normal s a wholesome life—the sort ch is interesting 365 days in

Lillian Russell's Answers.

MRS. B. N.—The first thing to do for orns, is to relieve them of all presiure. A perforated corn plaster may e used, or a disk of white felt or hamois with a hole in the centre. The blank supported by the guns of Americans

Dr. Brady's Health Talks

Bordas's side, and also conferred with revolution of the Danger.

Now, acetanlide is a good pain received with revolutionary chiefs, including General Video in the initial states Pharmaco-life in the nitial states Pharmaco-life in the initial states are in the initial states are called in the initial states are in the public in aware the intent states are called in the initial states are initial states are in the initial states are initial states are initial states are initial states are initial

diagnosis. Dr. A says I have cholecystitis. Dr. B says I have gallstones. Dr. C. my present physician, "ain't sayin' anything." But he suggests an X-ray photograph. Would that settle the question?

Reply: Cholecystitis (inflammation of the gall-sae) often accompanies gall-stones. An X-ray photograph might show gallstones clearly, or it might not according to the chemical charae-not according to the chemical charae-not according to the chemical charae-not according to the chemical charae-

Inquisitive asks for treatment, having apparently failed to read the instructions to correspondents. Also, what are the symptoms of appendiphur Springs with her parents, Mr. and

cording to the chemical charac-

Reply: The typical symptoms are pain, first in pit of stomach, later in right lower side. Vointling, Fever, Rapid pulse. Constipation.

3. Yes, if she is strong, healthy and country Club.

Cooked Celery

BY JANE EDDINGTON.

cling.

Celery, for instance, is quite universally used with exters and turkey, d some people hardly buy it for other companiments, yet it is in the height its reason before these get to be

he soap does it. The French cook the hearts desoap for her bland soap. It ican be a several variations of the dish by adit is a good ditions to the meat stock in which is a perfect the celery, after being bleached, is to the skin.

all the elasticity withkles in time and the face is to make the dish by deconation the face is to which has been there. But not too the top the pleasant.

Usually come as it delicate and melting as a rice it is delicate and melting as a rice indirection, or in a cold wore has root. Pare off the darkened portion of the inner steams not broken from the inner in the leaves gion the outer state. This will leave much will leave much ewould use campid sore is discoving the leaves gion the outer state. Wetting with a paste, it is made in the cold water for fifteen minutes as a fact into the skin, that will remain the not taken care in perspiring feet, included in this ockings of shoes, the fit should times during the and shoes in bad ged several times with or in the cooked away and be of a fine brown shade, as good beef stock will be and should and should not include the prepared celery for five minutes; in see and drain. Put to cook a same way.

Celery in Gravy (Au) 1889.—Parboll dance in this way.

The original representation of the fine of the court good with the same way.

Celery in Gravy (Au) 1899.—Parboll lam.

Mrs. F. T. Richards, Clara and Patty Richards, Bryan Moore, New Kent County: Charlotte C. and Sue P. S. Beal, Mrs. F. T. Richards, Clara and Patty Richards, Bryan Moore, New Year, Rounty: Charlotte C. and Sue P. S. Beal, Mrs. F. T. Richards, Clara and Patty Mills of the county: Charlotte C. and Sue P. S. Beal, Mrs. F. T. Richards, Clara and Patty William; it is delicate and melting as a rice with the firm centres, or about four reflex or the firm centres, or and the properties of the root and eut of the cop where and and p

PEACE PLANS SUPPORTED BY GUNS OF U. S. WARSHIP

good for corns. Twenty lie held, one-tighth ounce one onnee flexible colond apply for three nights, not water. Repeat unit of pears, supported by the guns of American warships and a regiment of margines, have been seen as special peace commission sent to the island by President Wilson came to-day to the State Department and to to the State Department and to Dominican legation, though no de-Before you take your next dose of adache powder, "cold" or "grip" cure uralgia will.

or readyreliefforthat-d the label up to the thereon this legend:

President Wilson sent the per-commissioners, John Franklin F former Governor of New Jers Charles Smith, of Portsmouth, N.

Before, adache powder, cold and ache powder, cold and are powder, cold and and the contains 56 grains.

Each ounce contains 56 grains

Acetanilide.

Guaranteed under the Pure Food and Drugs Act.

June 39, 1996.

But don't let that stop you. The bison is none the less 'harmless' for or being mentioned on the label. The arm erely requires mention of the argerous ingredient in case you nould de suidlenly, you understand.

Acetanilide, sometimes called Phenyacetamide and Phenacetin, sometimes aliced Acetpheneitidn, are two drugs eith practically identical action. Anticorn is another alias for poison derived from coal tar.

The Danger,

The Danger of the danger of the point and Minister Sullivan, after strong in.

The Charles Smith, of Portsmouth, N. H.

And Minister Sullivan, after strong in.

The Mand Minister Sullivan, after strong in.

The Danger of the Liber of

Will Re Established by Government for Use of Students at Westhampton. For the convenience of students and all patrons of Richmond College a post-office will shortly be established in the administration building at Westhampton, according to announcement made yesterday by Postmaster Hay T. Thorn-lon.

COUNTRY CLUB TO-NIGHT

Miss Emma Gray White, of West Franklin Street, is spending several Would you advise a young girl to Mrs. William H. White, for the greater become a nurse?
4. Are nurses allowed to wear part of the summer season, and will not return to Richmond until late in

Music and informal dancing at the been very charming affairs.

The Hermitage Golf Club has also been an attractive place each week for supper parties following tennis and golf, and the wide varanda of this club has been a delightful gathering in Waynesboro.

Mr. and Mrs. Alfred West have returned to the city, after a brief visit.

Miss Katherine Hall, of this city, who is one of the younger suciety set spending the summer at the Alleghany Inn.

sees with a thin, sendered many several variations of the dish by additions to the meat stock in which is a good property of the celery, after being bleached, is cooked. The hearts cooked in this way, the coarse branches used for uticle of your face if of scars. This is not and not always massaging the face good skin food. This is in in the scars and ar. Almond meal is the face, and where sitive to soap this is Seaming the face. It as it makes the ces all the clasticity fine wrinkles in time, steam the face is to rough the respective of the water, but not too nough to be pleasant.

Several variations of the dish by additions to the meat stock in which is cooked. The hearts cooked in the cooked in the case of the celery, steep beareness of cooked in the part the part of the Pamunkey River last week time was spent in bathing, fishin the variage.

Celery cooked in meat juice, eaten the moment it is ready, is one of this songs and merry laughter.

Celery cooked in meat juice, eaten the moment it is ready, is one of this songs and merry laughter.

"Camp Pamunkey, on the cavity had as its guests Mrs. Littlepage, Misses Vera, Edna and any the courter branches of a stalk—may be softened in this way.

The originators of this dish bring it makes the case of the celery to good advants and makes the softened in this way.

The originators of this dish bring it it is delicate and melting as a rice like the cave of the celery. The colory the cooked in the part of the celery to good advantage.

Celery cooked in meat juice, eaten the moment it is ready, is one of the pamunkey, on the cooked for the pamunkey River last week time was spent in bathing, dishin the eventings the cooked for the pamunkey River last week time was spent in bathing, and in the eventings the cooked for the pamunkey. The pamunkey River last week time was spent in bathing, and in the eventings the cooked for the pamunkey. The pamunkey River last week time was spent in bathing, and in the eventing and made the hill resound with songs and merry laughter.

"Ca

open for dancing, and while the young people were enjoying the features of the evening's entertainments a feast was being laid in the dinning-room at the home of M. D. Hart. The room was

neld at the Francis Cottage at Ocean View, and the party includes Mrs. W. H. O'Neill, Mr. and Mrs. J. M. Allen and their son, Mr. and Mrs. W. J. Ejtel, Mr. and Mrs. W. C. Edward and fam-ily, Mr and Mrs. W. B. O'Neill and E. Ily, Air and Mrs. W. B. O'Nelli and E. L. Miles. The party entertained on Wednesday Mrs. Lena Caravatl and son, Mr. and Mrs. W. H. Harton, Miss Ruby Miles and Arthur Creary, all of

Mrs. W. F. Carter, of Pittsburgh, is entertaining a house party this week at her home in honor of her sister, Mrs. J. B. Farley, of Richmond, Among the guests are Misses Mary and Blanche Edwards, Mrs. L. Edwards, Mr. and Mrs. B. Cary, of Chicago, and Guy Iwen, of Philadelphia.

Miss Reed was given away by her father, with whom she entered the church. Misses Anne Booker, Page Sclater, Virginia Montague, Rachel Scott, Jean Cooksey and Arabella Kim-mell were the bridesmaids, and Miss Dorothy Booker was maid of honor. Scott, Jean Cooksey and Arabella Kim-mell were the bridesmalds, and Miss Dorothy Booker was maid of honor. They all wore white crepe de chine gowns, pink picture hats, pink sashes and pink slippers, carrying shower bouquets of La France roses.

The bride was met at the chancel by Lieutenant Kimmel and his best man, Lleutenant Francis A. Englehart,

and Mrs. Kimmel will return to Hampton and will later go to Honolulu, where Lieutenant Kimmel has been

IN AND OUT OF TOWN.

Mrs Ben P. Owen will leave town to-day to spend the week-end with her sister, Mizs Carrie Vaden, in Waynes-

who has been spending several weeks n Atlantic City and New York, is now visiting Mrs. I. B. Rider here. Chambers Elam is spending some time in the Alleghany Mountains at Mountain Lake.

Miss Evelyn Harrison is spending several weeks with Miss Kathleen Rib-ble in Fauquier County, and attended the Warrenton Herse Show. Mrs. J. M. Langhorne and her chil-

of two weeks. Fendall Chalkley Williams and son Preston Dalton, have to New and Atlantic City for several

Mr. and Mrs. Thomas Field, of this city, have been the recent guests of relatives near Atlee.

Mrs. J. E. East, of Doswell, who has been visiting her sister, Mrs. R. A. Hoskins, on Stuart Avenue, left yes-terday with Mr. and Mrs. Hoskins for a

Miss Helen I. Schmidt and Miss Lena Mr. and Mrz. Alfred West have re-turned to the city, after a brief visit to the former's mother, Mrs. T. C.

West, in Old Church Church, where she is a guest of Misa Edna Williams for some time.

been spending two weeks with rela-tives and friends in Prince Edward. Miss Marthella Antis, of Richmond, is the guest of Mrs. Newton Tucker at her home at Old Church.

Charles Persinger, of this city, has joined friends at Ocean View for a

PHOEBUS POLICEMAN ACCIDENTALLY KILLED

Officer.

[Special to The Times-Dispatch.] HAMPTON, VA., August the home of M. D. Hart. The room was exquisitely decorated with ferns and pink and white roses. A large birthday cake decorated with candles and tiny pink rosebuds adorned the centre of the table. Among the guests were: Misses Alice Howison, Anna Hart. Virginia Potts, Nancy Midyette, Madeline Rigger, of this city; Margaret Boecock, Elizabeth Buchanon, Gortrude Hatcher, Hopkins and Krags, Messrs, L. Wright, F. H. Cox, W. L. Williams, L. R. Driver, and lungs. He lived thirty-five min. F. H. Cox, W. L. Williams, L. R. Driver,
A. Ellis, Joe Potts, C. Harris, J. Collins,
Boden and Edward Rice, Webb Midyette C. Tucker, and C. Cannon, Mr.
and Mrs. B. M. Shepherd, Mr. and Mrs.
M. D. Hart and Mrs. J. Cullen.

A delightful house party is being
neld at the Francis Cottage at Ocean
View, and the party includes Mrs. W.

View, and the party includes Mrs. W.

It and tore a noie through his liver
and lungs. He lived thirty-five minutes. Officers Gateley and Williams
were sitting in front of the police station with their cnairs tilted back
against the walls of the building. As
Officer Williams attempted to rise from
the chair his .3s-callbre revolver
dropped from his liver
and lungs. He lived thirty-five minutes. Officers Gateley and Williams
were sitting in front of the police station with their cnairs tilted back
against the walls of the building. As
Officer Williams attempted to rise from
the chair his .3s-callbre revolver
dropped from his pocket, the hammer
stricking the sidewalk and the exdropped from his pocket, the hammer stricking the sidewalk and the ex-plosion followed. Mr. Gateley was car-ried into the stricking the sidewalk and the explosion followed. Mr. Gateley was carried into the station, and two physicians soon were with him, but the wounded man wes beyond medical skill. He told those around him that the shooting was an accident, and urged Officer Williams not to worry over the matter, as it could not be helped. Officer Gateley was forty-seven years old, and is survived by his wife and two sons. He had been on the Phoebus force about one year, and only bus force about one year, and only returned to duty last night, after having spent a vacation of afteen days in Boston. A coroner's jury investigated the egath and returned a verdict ex-

onerating Officer Williams from blame.

ties have been made up for the moon-light outing of the Howitzers which will take place this evening on James River. This is the annual excursion of the organization and there will be music and dancing with refreshments served en route.

Married in Norfolk.

The marriage of Miss Lucile Reed, daughter of Captain and Mrs. Harry G. Reed, of Hampton, to Lieutenant Marning Maurice Kinnnel, United States Army, was celebrated Wedness day evening at 6 celosek.

Alleged Horse Thief Held.
On the testimony of his brother, Harry Redford, of Goochland County, charged with stealing a horse from A. C. Redford, was sent on to the grand jury yesterday morning when arraigned before Justice Crutchfield in Police Court. The accused man was taken into custody on Thursday while attempting to dispose of the animal, which is valued at \$75.

Magical Effect of New Face Peeler

FIREMEN ARE STUNED

Of course, acctanilide never cures early line. It relieves pain, fever, stigue and discomfort of all kinds, at lat what a terrible cost. Examine the label, it is a poor solicy to obtain temporary relief at he risk of permanent injury.

Questions and Answers.

Questions and Answers.

Questions and Answers.

Agreed the free cost failure consideration I am unable to easy the preactive consideration. Perhaps we cattle starchy foods interdicted by doctors have far less. You know, many patients cat more than they can warehouse.

H. S. S. writes: Two doctors have examined me and disagreed on the

OPENS SEPTEMBER 1

District Inspector H. H. Bailey Ex- Postmaster Thornton Will Arrange plains the New Federal Miss Margie Gaugh, of Lynthburg, Statute.

PROTECTS MIGRATORY BIRDS OF MUCH VALUE TO PUBLIC

Federal Official Says He Finds Everywhere Desire to Co-Operate in Strict Enforcement of New Regulations for Game Protection.

cent guests of cent g

District Inspector Bailey has just to the public, and of fuestimable help to the post-office in handling parcel completed a trip through the Chicahominy regions, where he met many sportsmen, visited many game presportsmen, visited many game pre-servés and inspected preserves main-such a such a s en cleaning their guns Miss Ala Williams has gone to Old ing for the opening of the bird sea-

thereating the control of the contro

church. He did not return home that night, and his family, becoming uncasy, instituted search. On Tuesday morning the body was found in Slate River, lying upon sandbars, twenty yards above the ford, which he had to cross. His horse had broken loose from the buggy, which was still in the very shallow ford, and was grazing on the further side. The reins were said to have been found unfastened. Neither the buggy nor its contents showed evidence of having been disturbed. The ience of having been disturbed. hadly decomposed. It was the opin-

From City to County Jail.

A white man, describing himself as Frank W. Harris, and giving his residence as Cincinnati, Ohio, was arrested yesterday morning while beating a ride on a Chesspeake and Ohio freight train near Westham Station by Paul Beattic, railway detective. Harris was given a hearing yesterday afternoon before Magistrate T. J. Purycar on a charge of trespassing, and was sentenced to serve a term of thirty days in the Henrico County Jail. Harris stated that he was attempting to beat his way home, having just finished serving a term in the City Jail on a charge of begging.



prepare a delightful surprise for some guest of unusual discrimination, serve Peerless Peach

Ice Cream Made better than you thought possible.

Delivered promptly, in quart bricks; peach, straw-berry, vanilla, chocolate. 500 (murt. \$1 Half Gallon. \$1.50 Three Quarts. \$1.75 Gallon.

Telephone Orders to Madison 7147.



PARCEL POST EXHIBIT AT VIRGINIA STATE FAIR

for Show by Uncle Sam This Year.

Scheme Has Been Tried With Marked Success at Various Expositions in Country-Asks Co-Operation of Richmond Manufacturers.

Uncle Sam, in the role of exhibitor. Virginia authorities increase the stock will be a feature at the Virginia State

manufacturers of various containers, such as those which have the approval The producer will also be give an intimate knowledge of

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Offers the thrifty house-

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opportunities to save

money on merchandise of

For real Floor Covering

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Wedding and Birthday Gifts

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Clean Bread and Well-Made

Is essential these days. But remember this fact,

Bromm's Bread has been clean and well made ever since Louis Bromm started clean and well made ever in a small way fifty years

To-day, as always, it is the richest, the purest, the most nutritious of breads.

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8-West Broad Street-8 SATURDAY ONLY.

Best Picnic Hams ... Hamburger Steak .. 1212c Frankfurt Sausage 11c Garlic Sausage14c Best Salt Pork15e Meadow Gold Butter. . 35e Beef Liver 121ge Hog's Liver

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Glove speaks, but the manner of wearing it. Our Gloves are of tried and proven qualitiespreferred by the discriminating. "Wear Rights," 16button Milanese All Silk Glove, with self or contrasting stitched backfull cut arms and double woven finger tips. Regular values \$1.00; today, 69c. Long or Short Chamois Suede Gloves, with four rows assorted raised stitched silk embroidery backs, with full

Ultra-Smart

Gloves, like shoes, or

any of the minor things

of dress, infallibly stamp

the wearer as "ordi-

nary," as a "climber," as smart or as ultrasmart. Not alone the

cut arms, 50c. "Kayser's" Silk Gloves with contrasting silk embroidered backs or self-stitched silk backs. with double woven finger tips and full cut arms.

Long Gloves, 75c to \$1.50. Short Gloves, 50c to

AND SAME OF THE PARTY OF THE PA

Bread

Try it!

ZAMINININININ ZAMININ

MARKET.

Pork Chops 20c Morris Supreme Hams19c

Choice Pot Roast 121/2c

portion.

Will Save You Money. THE PROPERTY OF THE PARTY OF TH

Ridgways Tea